

June Newsletter

Friends,

Father's Day and the graduations of May and June mark transitions and imbedded in transitions are decisions and the decision-making process. In the Ignatian tradition, these are times for reflection and discernment, and this month's topics include two articles on that process. I emailed the article "Making Better Decisions over Time" to my 13-year-old granddaughter to encourage and inform her foul shooting, and I copied her mother and father. I call this subversive intergenerational education. And again, we see the power of practice whether it is foul shots or the daily Examen. We also see the less-than-subtle teaching and mentoring with a "why" explanation opportunity. Carpe diem!

To continue my intergenerational educational theme, my book recommendation for the month is *The Anxious Generation* by Jonathan Haidt. In this age of AI and social media, this book is frightening in its reporting on the impact technology is having on the young. It would be a good book for parental conversations.

For a graduation gift, the psychiatrist I work with recommends a little book published in the 1990s, *First You Have to Row a Little Boat* by Richard Bode. This is a great book for young people going off to college or the workplace.

Some of our chapters take the summer off in which case let the season renew you and do some reflective reading. We will see you in September. For the rest of us, keep conversations going, for they inform and form leaders and they keep our faith alive.

Happy Father's Day and, as Telly Savalas used to say, "Keep the Faith!"

St. Joseph pray for us!

John Fontana



MISSION

The Mission of the Ignatian Business Chapters is to establish and lead a national and international network of business executives to explore their respective religious traditions in order to help the individual executives

- integrate faith, family, and professional life,
- develop a corporate culture that is reflective of their religious faith and values, and
- exercise a beneficial influence upon society at large.

The chapters, grounded in the Roman Catholic tradition, welcome believers who are open to and respectful of one another's religious traditions. They are committed to the conviction that ethics and values grow out of one's religious heritage.

SCRIPTURE READING:

Philippians 1: 27-29

Courage in Professing the Faith

Only, live your life in a manner worthy of the gospel of Christ, so that, whether I come and see you or am absent and hear about you, I will know that you are standing firm in one spirit, striving side by side with one mind for the faith of the gospel, and are in no way intimidated by your opponents. For them this is evidence of their destruction, but of your salvation. And this is God's doing. For he has graciously granted you the privilege not only of believing in Christ, but of suffering for him as well.

ARTICLES

"Making Better Decisions Over Time,"

by Phil Rosenzweig. *Strategy + Business*, Summer 2014.

"How Much Evidence Do You Need to Make a Decision?"

based on the research of Galen Bodenhausen and Michalis Mamakos. *Kellogg Insight*, April 22, 2024.



REFLECTION

Reflection Questions

Be attentive: These two articles are on decision making. Which article garnered your attention and why?

Be intelligent: In your career, what has been more important—mindset or practice? Why?

Be reasonable: In work and in other dimensions of life, how have you fostered both practice and mindset in yourself and in or for others?

Be responsible: What were key insights that surfaced in today's discussion? Any food for further contemplation? Any action steps? What are the implications for you at work, in your community, and at home? Leverage the conversation for good!



CLOSING PRAYER

Personal Prayer of Pedro Arrupe, S.J.

Grant me, O Lord, to see everything now with new eyes;
to discern and test the spirits that help me read the signs of the times;
to relish the things that are yours, and to communicate them to others.
Give me the clarity of understanding that you gave Ignatius.

Glory be to the Father and to the Son and to the Holy Spirit,
as it was in the beginning, is now, and ever shall be, world without end.
Amen!

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